

Scribbles

Bringing colour to your lives

Volume No. 3

December 2011 - January 2012

Issue No. 1

From the Editor's desk...

We are at the fag end of 2011 and the New Year is around the corner. In keeping with the festive season, I would like to share with you the popular "clap and cheer story", a story that exudes positive attitude, and pride in whatever we do.

"A small boy was auditioning with his classmates for a school play. His mother knew that he'd set his heart on being in the play - just like all the other children hoped too - and she feared how he would react if he was not chosen. On the day the parts were awarded, the little boy's mother went to the school gates to pick her son. The little lad rushed up to her, eyes shining with pride and excitement. "Guess what Mum," he shouted, and then said the words that provide a lesson to us all, "I've been chosen to clap and cheer."

We all talk so much about abstract nouns like faith, trust, hope and confidence. Do we really understand what they really mean or signify?

"Once, all villagers decided to pray for rain, and on the day of prayer, all the people gathered but only one boy came with an umbrella".

That's Faith

"When you throw a baby in the air, she laughs because she knows you will catch her".

That's Trust

"Every night we go to bed, without any assurance of being alive the next morning but still we set the alarms in our watch to wake up".

That's Hope

"We plan big things for tomorrow in spite of zero knowledge of the future or having any certainty of uncertainties".

That's Confidence

Let this New Year spark in you 'the clap and cheer' feeling. Let us welcome the New Year with a sense of faith, trust, hope and confidence, that if 'he/she can do it, so can I'.

Here's wishing you a great season and a greater year ahead...

Until the next issue.

Ananda Jagan

In keeping with this season of change and ushering in of the New Year 2012, the next issue of Scribbles (February 2012) will be a special edition on "Change".

We invite your contributions on "Change" (perspectives/ insights/ observations/ photographs/drawings et al).

Send in your responses to scribbles@sanmargroup.com

Please send in your 'Scribbles' for use in this space.



Vijay Kumar Singh, Accounts,
Tyco Sanmar, Kolkata.

Guess Who? ! Given at the bottom of each page are the tips that will lead on to the photo of the person on the last page.

Christmas is a season of faith and a season of fun! And just like every other festival, there are myths, customs and innumerable practices associated with the Christmas celebrations.

Besides these traditional facts, there are a few 'did you know' particulars... Well it is believed that bread baked on Christmas day never goes mouldy. The Christmas pudding that you so relish were once made in the soup consistency with ingredients like raisins and wine. Did you know that Christmas was not celebrated on the 25th of December till AD 440...?

If you have read them before, have the pleasure of reading them again. The Scribbles team wishes you a Merry Christmas and a very happy, happy New Year 2012!

Christmas Carols

The month December is a singing season, be it carols or our Margazhi bhajans! The word carols actually mean dance or a song of praise and joy! During December, churches conduct special Carol services, where individual, group and family singing takes place for the entire evening! It brings in a sense of fellowship and togetherness. The singing groups from churches perform carol rounds and visit households during the nights.



Santa Claus

The origin of Santa dates back to 280 AD. It was St Nicholas's kind gestures that has made him live today as Santa! St Nicholas was a Christian priest, who later became a bishop. He was a rich person, and traveled the country helping people, giving gifts of money and other presents. St Nicholas did not like to be seen when he gave away presents, so the children of the day were told to go to sleep quickly or he would not come! Nothing has changed and Santa Claus will not arrive this Christmas unless the children go to sleep early.

Christmas Bell

Christmas Bells are an integral part of the traditional holiday celebration. People initially used bells as a way to ward off evil spirits during the autumn and winter months. It was thought making loud noises would keep evil spirits at bay during night. Eventually bells went from being used to ward off evil to being used as a way to celebrate happy occasions, a tradition that took hold and that we still use today.



Christmas Star

In Christian faith Jesus is referred as the Star of Bethlehem. The Christmas Star or the pole star revealed the birth of Jesus to the magi, or "wise men", and later led them to Bethlehem.

The star appears in the nativity story where magi "from the east" are inspired by the star to travel to Jerusalem. There they meet King Herod of Judea, and ask where the king of the Jews had been born. Herod, interpreted a prophecy, directs them to Bethlehem, a nearby village. The star leads them to Jesus' manger in Bethlehem, where they pay him respect, worship him, and give him gifts.

Christmas Tree

The most likely theory is that Christmas trees started with medieval plays. The plays celebrating the nativity were linked to the story of creation. Christmas Eve was also considered the feast day of Adam and Eve. Thus, as part of the play for that day, a "paradise tree" hung with fruit symbolised the Garden of Eden. These plays were banned in many places in the 16th century, and people perhaps began to set up "paradise trees" in their homes to compensate for the public celebration they could no longer enjoy. The earliest Christmas trees (or evergreen branches) used in homes were referred to as "paradises." They were often hung with round pastry wafers symbolizing the Eucharist (thanksgiving), which developed into the cookie ornaments decorating Christmas trees today.



Christmas Crèche, or Crib

The nativity scene or the manger scene, recreates the scene that would have been in the birthplace of baby Jesus. The history of this practice dates back to the year 1220 AD. St Francis of Assisi visited Bethlehem. He liked the way the Christmas was celebrated there so much, that he asked the Pope for permission to recreate it in his own Italian village. He built a manger in a cave. In it he placed a stone image of the baby Jesus. He surrounded the manger with real animals. He conducted a service. The people found it so moving that they said it was possible to believe you were there at the actual birth of Jesus.

Christmas

Amazing facts about Christmas



It's festive time...

- In Greek, X means Christ; that is where the word “Xmas” comes from!
- The world’s largest Christmas present was the Statue of Liberty. The French gave it to the US in 1886. It is 46.5 metres high and weighs 225 tons!
- The Christmas tree displayed in Trafalgar Square in London is an annual gift to the UK from Norway since 1947. The Norwegian spruce given is a token of appreciation of British friendship during World War II from the Norwegian people.
- In A.D. 320, Pope Julius I, bishop of Rome, proclaimed December 25 the official celebration date for the birthday of Christ.
- The traditional three colours of Christmas are green, red, and gold. Green has long been a symbol of life and rebirth; red symbolises the blood of Christ, and gold represents light as well as wealth and royalty.
- Gold-wrapped chocolate coins commemorate St Nicholas who gave bags of gold coins to the poor.
- In many households, part of the fun of eating Christmas pudding is finding a trinket that predicts your fortune for the coming year. For instance, finding a coin means you will become wealthy. A ring means you will get married and so on.
- Robins on cards were a joke 150 years ago when postmen wore red tunics and were named after them.
- US scientists calculated that Santa would have to visit 822 homes a second to deliver all the world’s presents on Christmas Eve, travelling at 650 miles a second.
- In Provence, Southeastern France, Christmas’ eve dinner is called “gros souper” (“big supper”). It has 13 traditional Christmas desserts, which represent Jesus and the 12 apostles.
- Bing Crosby’s ‘White Christmas’ was released in 1942 and is considered to be the best-selling Christmas song of all time!
- “Jingle Bells” was first written for Thanksgiving and then became one of the most popular Christmas songs.
- Germany made the first artificial Christmas tree. It was made of goose feathers and dyed green.
- Christmas trees usually grow for about 15 years before they are sold.
- Evergreens (from the Old English word aefie meaning “always” and gowan meaning “to grow”) have been symbols of eternal life and rebirth since ancient times. The pagan use and worship of evergreen boughs and trees has evolved into the Christianised Christmas tree.
- President Teddy Roosevelt, an environmentalist, banned Christmas trees from the White House in 1912.
- In the Ukraine, if you find a spider web in the house on Christmas morning, it is believed to be a harbinger of good luck!
- The poinsettia is a traditional Christmas flower. In Mexico (its original birthplace), the poinsettia is known as the “Flower of the Holy Night”.
- The “Nutcracker” is the most famous Christmas ballet.
- The first state to recognise the Christmas holiday officially was Alabama.
- More diamonds are sold around Christmas than any other time of the year.
- The first president to decorate the white house Christmas tree in the United States was Franklin Pierce.
- In 1962, the first Christmas postage stamp was issued in the United States.
- The world’s tallest Xmas tree at 221ft high was erected in a Washington shopping mall in 1950.
- Nearly 60 million Christmas trees are grown each year in Europe.
- Coca Cola was the first beverage company to use Santa for a winter promotion.
- The British wear paper crowns while they eat Christmas dinner. The crowns are stored in a tube called a “Christmas cracker”.

Straight from my desk



I came across an article while reading the newspaper some time ago. It stated that when Remington Company manufactured the first typewriter machine, they had organised the letters of keypad in an alphabetical order. But it was later noticed that the typewriter was not in a position to match the typing speed of human body. Typing of letters was erroneous against what was typed and in some occasions, the machine itself got hanged. Finally, to suit the needs, Remington Company decided to organise the keypad of the typewriter in an alphabetical disorder. Since then all typewriter manufacturers follow the same practice. In later years, while designing the keyboard of PC and the laptop, the computer manufacturers adopted the same strategy.

After reading this, I was very much upset. Initially, machines are created to work on human direction. But unfortunately, today the machines are controlling us. With the advent of the search engines & Internet, computers are serving us with ideas, thereby keeping our own ideas and 'pen' in dustbin. If someone asks us to add or multiply, we immediately pull out a calculator, to solve it. Few years back, a person would memorise 20-25 phone numbers very easily. But today, we don't even remember our own phone numbers and we check our cell phone or digital dairy for it.

The mighty 'pen' reminds me of a small incident that happened recently. I asked my neighbour casually, "Sir, can you remember, except for signing cheques, when you last used your pen to write something on paper?" Initially that gentleman was trying to remember but soon he realised that it did not happen in recent past. To cover-up the embarassment, he suddenly became very busy and told 'sorry... I will have to go as I need to attend an urgent meeting.'

So all of us need to think about this seriously and not just become machines which are pre-set with tasks to accomplish.

Gautam Das, Sales, Flowserve Sanmar, Delhi.

Sherlock Holmes and Watson are sleeping in the camping bed. Suddenly Holmes wakes up and nudges Watson.

"Watson, Watson, look up and tell me what you see".

"I can see the sky and stars", Watson said.

"And what does it tell you?," inquired the master detective.

Watson thought for a moment. "Well Holmes, astronomically I deduce that there are millions of galaxies and billions of stars and planets. Astrologically I deduce that Saturn is in Leo, Horologically I think the time is 02:30 hrs, theologically I think that God is ever present and we are quite insignificant, meteorologically I think it would be sun shine tomorrow with wonderful weather. What does it tell you Holmes?"

"Watson, you imbecile!! Someone has stolen our tent!"

R Ramesh, Operations, Sanmar Shipping, HO.

Water therapy



Water therapy has magical effects in curing many diseases. Consuming water in a right method purifies human body and helps in forming new fresh blood. Blood is very important in curing ailments and restoring health. Water therapy treatment had been found successful by a Japanese medical society as a 100% cure for many diseases like headache, body ache, heart system, arthritis, fast heart beat, epilepsy, obesity, bronchitis, asthma, TB, kidney and urine diseases, vomiting gastritis, diarrhoea, piles, diabetes, constipation, eye diseases, menstrual disorders, ear, nose and throat disorders.

Method of treatment

1. As you wake up in the morning before brushing teeth, drink 4-6 glasses of water each of 160 ml.
2. Brush and clean the mouth but do not eat or drink anything for 45 minutes.
3. After 45 minutes you may eat and drink as normal.
4. After breakfast, lunch and dinner do not eat or drink anything for 2 hours.

Sick and old who cannot drink 4 glasses of water at a time can start with consuming little water and then gradually increase it to 4 glasses at a time.

M Chadraseelan, Production, Chemplast Sanmar, Mettur.



A photograph clicked in Cochin, Kerala by

S Manavalan, Production, Chemplast Sanmar, Karaikal.

Environmental tips

We can help protect the environment and save money by making a few simple changes at home. Here are few tips to get started.



Save the World. Start at Home...

- Even on standby mode, most electrical items use electricity so make sure you turn off TVs, computer monitors and other electrical appliances.
- Limit shower usage and install water efficient shower-heads. Also turn off the tap while brushing your teeth or shaving.
- Compost or recycle household waste as over 40% of an average Indian household's waste thrown away is food, garden or wood waste.
- Say 'no' to plastic bags and switch to reusable bags for shopping.
- Use fewer chemicals for household cleaning and use bicarbonate of soda with water or a cup of vinegar with warm water that are less harmful.
- Avoid riding or driving for short distances. It can help reduce pollution and expenditure, which indirectly helps to stay healthy.
- Look for alternative ways of getting to work like pool car or public transport.

R Lawrence, Sales Administration, Trubore Piping Systems, HO.

Figure it out!

While most of us are increasingly becoming figure conscious, here is a poser of a different kind.

$$\begin{array}{r}
 45 - 45 = 45 \\
 (-) \quad 987654321 = 45 \\
 \quad 123456789 = 45 \\
 \hline
 864197532 = 45
 \end{array}$$

R Sreemathi, Administration, Corporate Division, HO.



A photograph clicked in Ooty by **N Vidyadharan**, Central Accounting, Corporate Division, HO.

ABBREVIATIONS – Do you know?!

- NEWS** : North East West South.
CHESS : Chariot, Horse, Elephant, SoldierS.
COLD : Chronic Obstructive Lung Disease.
JOKE : Joy Of Kids Entertainment.
AIM : Ambition In Mind.
DATE : Day And Time Evolution.
EAT : Energy And Taste.
TEA : Taste And Energy Admitted.
PEN : Power Enriched Nib.
SMILE : Sweet Memories In Lip Expression.
BYE : Be with You Everytime.

PR Somaskandan, Accounts, Chemplast Sanmar, HO.

Beware of inflammable insecticides!!



Insecticides/ insect repellents like 'Hit', 'Mortein' and so on have gained lot of use in the households today. It is found that these are highly flammable and the nano particles in the sprays spread rapidly that might result in deadly hazards. The use of inflammable insecticides needs to be given a serious thought as it is not only the insects that are affected but even us as we inhale the same poisonous substances which is not good for health.

Some kitchen safety tips that need to be followed while using these inflammable insecticides.

1. Do not spray insecticides, perfumes or any spirits (containing alcohol) when the gas stove is on. It is not only dangerous but is highly poisonous.
2. While spraying see to it that all the cooking items, foodstuffs, and utensils are covered or kept away.
3. If the cockroaches, lizards or any insects are spotted in the kitchen while cooking, try getting them out of the cooking vicinity and then spray on them.
4. Do not lose the lid or seal given with the sprays as the uncovered liquid may evaporate and the vapour may support combustion.
5. Sometimes the sparks in the plug points may also cause explosion. So check all the plug points and un-insulated wiring before using such insect repellents.
6. After usage, try storing these chemical repellents in a closed area and wash hands well after every usage.

SS Rameshwari, HR, Corporate Division, HO.

Wake up and chase your dreams...

TUNZA conference for youth and children was organised by the Government of the Republic of Indonesia and The United Nations Environmental Program (UNEP). It was a biennium International Conference for children (from age 10-14) and youth (from age 15-25) from all countries. The conference was held from 27 September until 1 October, 2011.



Under the theme 'Reshaping our future through a green economy and sustainable lifestyle', the aims of this conference were to discuss the role of children and offer their inputs to the upcoming United Nations Conference on Sustainable Development "Rio+20". The conference also reviewed the contribution of youth to the International Year of Forests and how they can adopt more environment-friendly lifestyles. The conference themes were Rio+20, Green Economy, Green Lifestyles, Forests, Sustainable Consumption and State of the Global Environment from the youth perspective.

Experience:

The TUNZA conference was one of those 'life changing' trips as people call it. I was selected as a mentor to conduct my workshops to a diverse group of children which in itself was a great challenge that I was both excited and anxious about. After successfully conducting my sessions in the first two days, I had almost decided that my trip was coming to an end; little did I know it had hardly begun.

The first three days comprised workshops for children and youth on various topics related to the environment. Being selected as one of the fifty mentors from the world, I was allotted 3 sessions for conducting workshops on 'How to Communicate Climate Change through Media' for about 40 children every session gathering a maximum turnout. The workshops were all successful and I witnessed some immediate results with many students starting blogs and photo blogs right after the workshop.

To work with the UN had been a dream that I was silently working towards and this conference only helped me take a step closer to this ambitious dream, which once seemed far-fetched. Being selected as the Regional Advisor for the Asia-Pacific Region and having been given the responsibility to steer 49 countries something beyond I had hoped for and the excitement stays with me after 30 days. For the next two years, I intend to do full justice to this position and initiate more projects.

I would like to share a quote that was part of my speech, that I believe made a difference.

"When you wake up every morning, there are two choices we all have: To go back to sleep and continue dreaming or to wake up and chase those dreams, the decision is ours."

KN Shruti, D/o **KV Neelakantan**, Corporate Division, HO.

The CA Bus

*It's been a good five years now,
Of classes- at different levels in a row.
Surprise, as it always had in store,
With lessons that went straight above.*

*It was initially hard to break out of the shell,
And bond with the ones who had nothing to tell.
It took time as it always does,
All that mattered was we caught the bus.*

*This was the bus that drove us around,
In the name of classes we were bound.
It's probably destiny that you meet,
Coz everyone boarded from a different street.*

*For now the final stop has come,
As you see the last of 'some'...
For life always has a bigger plan,
With a lot more buses to board and man.*

Ajit, S/o **K R Induchudhan**,
Corporate Affairs, Corporate Division, HO.



Photography by
K Sriram
S/o **K Kalyanasundaram**
Stores, Sanmar Foundries,
Viralimalai.

Photography by **Pritika**,
D/o **A Latha Kumar**,
Sanmar Shipping, HO.



Cookery Contest

Paneer is a versatile dairy product. It is used in desserts, snacks and for main course cooking as well. Use this wonder food product – Paneer – as the main ingredient



and send us delicious recipes. Prizes await the top three entries which will be published. Send in your entries by 31 December 2011 to scribbles@sanmargroup.com

Churches of Goa

December is the month of peace and goodwill – it is the time when Santa Claus brings gifts for children, and Christians celebrate the birth of Jesus Christ on the 25th of the month. Nativity scenes are recreated and there are special celebrations in the church. Christmas trees are placed in homes decorated with lights, mistletoe, holly,



Basilica of Bom Jesus

poinsettia, bells, candles, angels, stockings, and wreaths. Gifts and cards are exchanged, Christmas carols are sung, not to mention the candy canes and the mouth watering Christmas cake. ‘Christmas’ is derived from Old English ‘Cristes maesse’ which means the Mass of Christ. The traditional colours of Christmas are red, green and gold.

There are stories about Jesus having travelled to India. Thomas the Apostle introduced Christianity when he visited Muziris in Kerala.



Altar of Bom Jesus inside the Basilica

Christianity is India’s third largest religion, with approximately 24 million followers, constituting 2.3% of India’s population. Christians have settled in various parts of the country, including south India, the Konkan coast and the North East.

In Goa – situated on the west coast of India, Christmas is one of the most important festivals. People from all communities join in the celebrations. Goa is known as the Rome of the East because of its magnificent churches and cathedrals built during Portuguese occupation. Some famous churches in Goa are the Basilica of Bom Jesus, Se Cathedral, Church and Convent of St Francis of Assisi,

Chapel of St Catherine, Church of our Lady of Rosary and Church of St Augustine. The Se Cathedral, with its magnificent edifice is one of the largest churches in India. With its Tuscan exterior, Corinthian columns and other features, it is a fine example of Renaissance architecture.

The Basilica of Bom Jesus in Old Goa – about nine kilometres from Panaji – is a UNESCO World Heritage Site. It was consecrated in 1605 and is dedicated to ‘Bom Jesus’ – “the good/holy infant Christ”. It was the first church in India to be elevated to the status of



Se Cathedral

a minor basilica in 1946, and is one of the best examples of Baroque architecture in India. It houses the sacred relics of St Francis Xavier, Jesuit missionary to India and Japan, who died on a sea voyage to China in 1552. The following year, while transferring his remains to Goa in accordance with his wishes, the saint’s body was found to be as fresh as the day it was buried. The body of St Xavier lies in an airtight glass coffin inside a silver casket. This is placed atop a beautiful marble tomb designed by Florentine sculptor Giovanni Battista Foggini, and gifted by Cosimi III, the Duke of Tuscany. It took ten years to complete the lavishly decorated mausoleum. Every ten years there is an Exposition – the body of the saint is kept for public viewing which attracts lakhs of pilgrims.

The façade of this basilica has classical Ionic, Doric and Corinthian pilasters. The floor is made of marble inlaid with precious stones, the main altar in the church has gilded work in gold and paintings depicting scenes from the life of St Francis Xavier. It also houses the Bom Jesus Basilica Art Gallery displaying the works of the Goan surrealist painter, Dom Martin.

Goa and its beaches come alive before Christmas and the revelry continues into the new year.

S Janaki,
Executive Editor,
Sruti.



St Francis of Assisi



SS Shreeram won 2nd runner-up prize in the state level UCMAS ABACUS competition held at Chennai on 23 October 2011.

SS Shreeram, a student of Std III, is the son of **R Shanmuga Sundaram**, *Production, Cabot Sanmar, Mettur.*

Riddles

- Say my name and I disappear. What am I?
- I am a box that holds keys without locks, yet they can unlock your soul. What am I?
- I'm full of holes, yet I'm full of water. What am I?
- What question can you never honestly answer 'yes'?
- What has a neck and no head, two arms but no hands?
- Feed me and I live, give me drink and I die. What am I?
- I'm lighter than air but a million men can't lift me. What am I?
- If you drop me I'm sure to crack but give me a smile and I'll always smile back.

Riddles Answers

1. Silence
2. A piano
3. A sponge
4. Are you asleep? (or dead)
5. A shirt (or sweater, jacket, etc.)
6. Fire.
7. A bubble
8. A mirror

Jumbled Words

Try reading this paragraph...

I cdnuolt blveiee taht I cluod aulacty uesdnatnrd waht I was rdanieg. The phaonmneal pweor of the hmuan mnid, aocdrnig to a rscheearch at Cmabrigde Uinervtisy, it deosn't mttar in waht oredr the ltteers in a wrod are, the only iprmoatnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it wouthit a porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe. Amzanig huh? yaeh and I awlyas tghuhot spleling was ipmorantt!

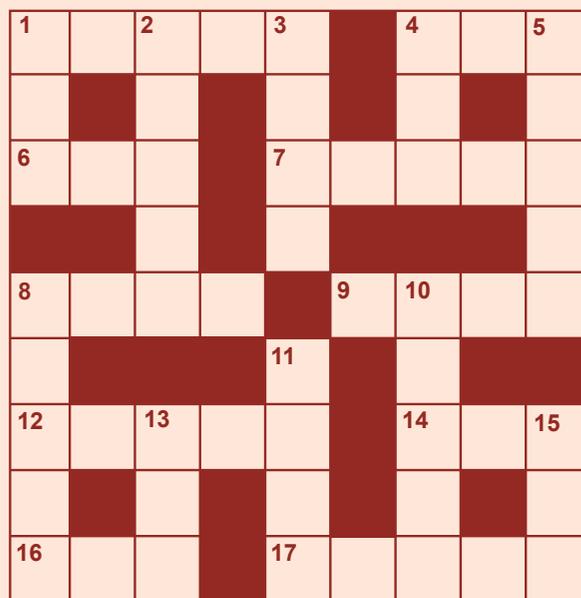
Tenali Rama Series - V

Treasure in the well

One day Tenali Rama and his wife were relaxing at home. They heard leaves rustling. 'There seems to be some movement in the garden,' he whispered. 'Could be some intruders!' He then raised his voice. 'Recently there were robberies in our neighbourhood. Come on, let's hide our jewellery in the well.' Rama and his wife went inside, and soon came out with a heavy box, and dropped it into the well. 'PLOMP!' Rama caught hold of his wife's hand and said, 'We can now sleep peacefully.' Of course, they were seen going inside by the two thieves hiding in the garden. They walked up to the well, and began drawing water and pouring it into the compound as quietly as they could. By daybreak the two were dead tired. They sat leaning against the wall of the well. Tenali Rama came out and went towards them. 'You seem to have taken a lot of pains in watering my garden. How much shall I pay you?' He opened a money bag he had brought with him. The thieves were smitten with guilt. 'Please forgive us; we promise not to go a-thieving in future.' They fell at his feet. 'I'm glad you learnt a lesson. For your information, the box contained only rock pieces and stone!' said Rama.



Crossword



Across

- It's on lawns
- Part of a mouth
- Ghosts say this
- To suggest, not infer
- Puts dishes on the table
- Mark from a cut
- Not ever
- Target towards a goal
- Act against moral laws
- Go into, not exit

Down

- Chat
- Approximate
- Long narrow cut
- Run a ___ of the track
- Person who pays
- Warbles
- Arts and ___s
- Costs Rs. 0.00
- Large family vehicle
- To blemish or spoil

Answer to Crossword

Across: 1. grass, 4. lip, 6. boo, 7. imply, 8. sets, 9. scar, 12. never, 14. aim, 16. sin, 17. enter
Down: 1. gab, 2. about, 3. slit, 4. lap, 5. payer, 8. sings, 10. craft, 11. free, 13. van, 15. mar

Essay from a child

A teacher from primary school asks her students to write an essay about what they would like God to do for them...

At the end of the day while marking the essays, she read one that made her very emotional. Her husband, who had just walked in, saw her crying and asked her; What happened?

She answered - Read this. It's one of my students' essay. Oh God, tonight I will ask you something very special: Make me into a television.

I want to take its place. Live like the TV in my house. Have my own special place, and have my family around 'Me'.

To be taken seriously when I talk...

I want to be the Center of attention and be heard without interruptions or questions.

I want to receive the same special care that the TV receives when it is not working.

Have the company of my dad when he arrives home from work, even when he is tired.

And I want my mom to want me when she is sad and upset, instead of ignoring me... and... I want my brothers to fight to be with me... I want to feel that family just leaves everything aside, every now and then, just to spend some time with me.

And last but not least make it that I can make them all happy and entertain them...

God I don't ask you for much... I just want to live like every TV.

At that moment the husband said: - My God, poor kid. What horrible parents!

She looked up at him and said: That essay is by our son!!!

S Govindarajan, Support Services, Chemplast Sanmar, HO.



TIME TABLE FOR APPA

MONDAY	7:30 am. put our shoes & socks	7:45 am. drop us at the van	Go home at 5:30 pm. sharp	7:30 pm. Any study have to help us	8:30 pm. make us to sleep	
TUESDAY	7:30 put our shoes & socks	7:45 drop us at the van	Come home at 6:45	7:00 pick me from dance class on time	7:30 Any study have to help us	8:30 make us to sleep
WEDNESDAY	7:30 put our shoes & socks	7:45 drop us at the van	Come home at 6:30	7:30 Any study have to help us	8:30 make us to sleep	
THURSDAY	7:30 put our shoes & socks	7:45 drop us at the van	Come home at 6:30	7:30 Any study have to help us	8:30 make us to sleep	
FRIDAY	7:45 drop us at the van	Come home at 6:30	Going out for eat at 7:00	8:30 make us to sleep		
SATURDAY	Spend time with us 7:30 to 8:00	Come home at 2:30	Drop us at class at 2:50	Pick us up at 5:00	Make Pasta at 7:00	Make us to sleep at 8:30
SUNDAY	Go for a run with us at 7:30	Drop me at class at 10:30	Pick up at 12:30	8:30 make us to sleep		

Looking at her father's obsession with work schedules, Sapna, daughter of Krishna Kumar Rangachari worked out a time-table scheduling his duties at home! Work-life balance?!

Guess What? Where?



Where & what is this well-known monument in Southern India ?

Write in to
scribbles@sanmargroup.com



Sun Temple, Konark.

Congratulations first correct respondent:

From HO: Mohan Phani, Accounts, Corporate Division.

From other Locations: SS Saravanan, Customer Support, Xomox Sanmar, Viralimalai.

Find the eight differences



Word scrambler

A A E E E G
L R S T W W

			A
	W		

Can you fit all the letter into grid to make three four-letter world across and four three-letter world down? We've started you off by placing two of the letters.

1. Direction of duckling
2. Lotus petals
3. Ducks eye
4. Small leaf missing
5. Sun missing
6. Duckling's mouth open
7. Bird missing
8. Missing fish.

T	L	E	W
R	E	W	E
A	G	A	S

Word scrambler

Find the eight differences

Answers

Cook and tell - Winners of Contest I

Pumpkin, the humble backyard vegetable is rich in anti-oxidants and vitamins and yet incredibly low in calorie.

Fresh or canned, pumpkin tastes terrific in pancakes, soups, lasagnas, leave alone the pachadis, raitas and even shakes...

While we received some mouth-watering recipe entries, we have pleasure in sharing with you the recipes for some delicious Pumpkin Pakodas and Pumpkin Kheer as well.

Pumpkin Pachadi



Ingredients

Pumpkin (Ripe 1) - 500 grams, tomatoes - 125 grams, grated coconut - 1/2 piece of one coconut, green chilli - 5 nos, mustard seeds - 1/2 table spoon, turmeric powder - 1/2 table spoon, chilli powder - 1/2 table spoon, jaggery - 50 grams, tamarind - at the size of a gooseberry (soak in half glass of water), coconut oil - 1 table spoon, curry leaves - as required, dried red chilli - 2 nos.



Preparation

- Cut the pumpkin and tomatoes into small pieces
- Cook with little water
- Add turmeric powder, chilli powder, jaggery, salt and tamarind water and cook well
- Grind coconut with green chilli to a smooth paste
- Add this paste to cooked pumpkin and tomatoes
- Season with dried red chilli, curry leaves and mustard in coconut oil.

Ragini Muraleedharan, W/o **KR Muraleedharan**, Support services, Flowserve Sanamar, Baroda.

Pulichcha Curry (Mangalore Dish)



Ingredients

White pumpkin - 1/4 kg (cut into small cubes), tomato - 1 (cut into small cubes), grated coconut - 1 cup, red chilli (roasted) - 3 or 4 nos, tamarind - 1 small ball, jeera/ mustard/ cumin seeds/ fresh curry leaves/ coconut oil (to garnish), salt to taste.



Preparation

- Boil pumpkin till cooked.
- Grind coconut, roasted red chillies and soaked tamarind.
- Add this paste to the cooked pumpkin.
- Heat this mixture for 5-7 mins.
- Garnish with sauntered jeera/ mustard/ curry leaves
- Add a little raw coconut oil on the curry and serve hot.

SS Rameshwari, HR, Corporate Division, HO.

Pumpkin Halwa

Ingredients

White pumpkin - 1 cup (finely chopped), sugar syrup - 1 1/2 cup, ghee - 1/2 cup, cardamom - 6 to 8, fried dry fruits (cashews, dry grapes, pista, badam) - 1/2 cup

Sugar Syrup:

Mix 1 1/2 cup of sugar with 1/2 cup of water and boil till it gets slightly thick (jelly like).



Preparation

- Squeeze the finely chopped pumpkin to remove the water from it.
- Fry the chopped pumpkin in the ghee till it gets golden brown in colour.
- Add the sugar syrup and boil it for 10-15 mins in the low flame.
- Add all the fried nuts to the mixture and mix it well.
- Finally the cardamom is powdered and sprinkled over the halwa.
- Serve it hot/ cold.

Vaishnavi Koti, D/o **Venugopal Koti**, Production planning, Sanmar Foundries, Viralimalai.

Spiced Pumpkin Yogurt Shake

Ingredients

Pumpkin cubes - 1 cup, yogurt (curd) - 3/4 cup, sugar - 2 teaspoon, vanilla essence - 1 teaspoon, cinnamon powder - 1/4 teaspoon, nutmeg powder - 1/8 teaspoon, ice cubes - 4.



Preparation

- Boil the pumpkin cubes in hot water and blend the same.
- Add vanilla and yogurt to make a puree
- Add the sugar and blend for a while for the ingredients to mix
- Sprinkle the cinnamon powder and nutmeg powder into the mixture
- Add the ice cubes and blend again for a smooth and thick yogurt shake.



Krishna Kumar Rangachari, Sanmar Speciality Chemicals, HO.

Pumpkin Raita

Ingredients

Pumpkin - a small piece, curd - 1 cup (fresh), green chilli - 1 or 2, white pepper - 3/4 table spoon, grated coconut - 1/4 cup, mustard seeds, cumin seeds - small teaspoon, oil - 1 table spoon, salt to taste, coriander leaves, curry leaves, asafoetida - a pinch.



Preparation

Peel of the pumpkin and cut it into small pieces. Cut coriander leaves and curry leaves separately and keep them aside. Cut the green chilly into small pieces.

Pour the oil in a fry pan and heat it. Add some mustard seeds and cumin seeds. Allow it to splutter. Add a pinch of asafoetida. Now, add the curry leaves and green chilly peices or if you are using white pepper, add white pepper now. Once everything settles down, add the small piece of pumpkin to the pan and fry just for 30 seconds in medium flame. Avoid the decolouration of the pumpkin and add salt as required. Now add the grated coconut and turn off the flame.

Allow it cool down and add fresh curd and leaves of coriander. Stir well and serve fresh.

Vanaja Mathan Raj, W/o **T Mathan Raj**, Production, Sanmar Foundries, Viralimalai.

Pumpkin Pachadi/ Raita

Ingredients

Slice of tender pumpkin - 250 gms, yogurt (curd) - 1cup, grated coconut - 2 tablespoons, green chilli - 1, mustard seeds - 1/2 teaspoon, asafoetida - 1 pinch, salt to taste.



Preparation

- Remove rind/ seeds from pumpkin and cut into a small cubes.
- Steam/ cook pumpkin in limited quantity water for 5 mins.
- Add salt and mash pumpkin roughly.
- Grind grated coconut and green chilli with water to a smooth paste and add to the mashed pumpkin. Add yogurt (curd) to the mixture.
- Season with mustard seeds and asafoetida in a little oil.
- Serve as it is or chilled.

Sita Krishnakumar, W/o **Krishna Kumar Rangachari**, Sanmar Speciality Chemicals, HO.

Red Pumpkin Pakodas

Ingredients

Grated red pumpkin - 1/2 cup, channa dal - 1/2 cup, chopped ginger - 1/2 teaspoon, green chilli - 1, garlic cloves - 3, chilli powder - 1 teaspoon, garam masala - 1/4 teaspoon, cumin powder - 1/4 teaspoon, coriander powder - 1/4 teaspoon, salt, oil.



Preparation

- Soak the channa dal in water. Grind into coarse paste without water.
- Then grind garlic, ginger, chilli to a fine paste.
- Take a bowl add channa dal paste, grounded ginger, chilli, garlic, all spices, salt and mix it well.
- Now mix the grated red pumpkin with this batter. Make it as pakodas.
- Take a pan, heat the oil, add the pakodas and deep fry until it turns brown in colour.
- Serve hot with chutney.

Pumpkin Kheer

Ingredients

Grated pumpkin - 250 grams, milk - 1/2 litre, sugar - 50 grams, ghee - 2 tablespoons.
For garnishing: fried raisins and nuts.



Preparation

- Heat a fry pan and add ghee to it.
- Add the grated pumpkin to the fry pan and switch off the stove after the grated pumpkin turns light brown.
- Take one litre of milk in a bowl and heat the milk.
- Add the fried grated pumpkin to the milk.
- Let mixture boil and thicken.
- Add sugar and switch off the stove. Garnish with the fried raisins and nuts.

Winning entries of Contest II

Is Anna Hazare, the New Age Gandhi?



Why are we at this game of replication of personalities? Let them have their individuality. Kohinoor, the precious gem, was not replicated! Though it has become a brand name. We did the same thing with the name 'Gandhi'. It sells and gets political mileage even today – out of our own ignorance.

Gandhi brought us out of slavery that prevailed for nearly 2000 years. He had only the suffering public around him – suffering from superstition, caste system, illiteracy, poverty, ill health and in-fight. Kingdoms within the country fought with each other and even aligned with foreign invaders for their own gains, but these gains did not last long. In a country that believes in lifting even living people to the status of God and building them temples, I am pained to see that Gandhiji did not rise up to this level in our minds!! Even the statues of film actors not far from Gandhiji's get regular attention, but not his.

Anna Hazare – Annaji tho hazaron mein ek hi. He is one among thousands. No, among millions. Let us remember him and respect him as his own self – Hazareji. That makes sense. But let us not hurry. Let his goals be achieved. He is fighting against a plague called corruption, caused by literate and liberated Indians. Situation today is a case of the 'fence eating the crop'. The politicians we have elected as leaders and public servants (Government employees) cheat not only us, the public, but plunder the country. These so called ministers have now taken the erstwhile Raja's role of hereditary rule.

Gandhiji and Hazareji are poles apart even though they hail from the same part of the country and fight for social cause. Hazareji is asking us to correct our mistakes. He is Hazareji and not new age Gandhi.

K R Induchudhan,
Corporate Affairs,
Corporate Division,
Head Office.



Anna Hazare is one of India's well acclaimed social activities. A former soldier in the Indian Army. Anna is well known and respected for upgrading the ecology and economy of his ancestral village. Ralegan Siddhi in the drought prone Adhmednagar district in Maharashtra.

The erstwhile barren village has metamorphosed into a unique model of rural development due to its effective water conservation methods piloted by him. Considering his social activities and contribution towards civil society, the Government of India honoured him with highest awards of the country like Padmashri & Padmabhushan. Anna was a great admirer of Swami Vivekananda.

Anna's recent movement of 'India against Corruption' has got wide support from the nook and corner of the country. His 'fast unto death' declaration directed against the Government of India until and unless the Government adopt and implement Civil Society's version of Jan Lokpal Bill received the attention of the world.

However, calling Anna as 'Modern Day Gandhiji' or 'Another Gandhiji' is not right, even though both adopted fast as a tool to attain their objective. Gandhiji never undertook fast-unto-death to attain his objective, instead he created mass movement. At no stage did Gandhiji ever consider going on a fast-unto-death to demand India's Independence. Instead, he launched public movement after public movement to achieve it. Gandhiji withdrew the non-cooperation movement because of a single incident of violence in Chauri Chaura and went on a fast-unto-death as a 'cleansing act' and not as pressure tactics to achieve his demand.

Anna Hazare's resorting to fast-unto-death until and unless his demands are met by the Government tantamount to extending a threat of violence. In a democratic country like India, one has to respect the three pillars of democracy, Legislative, Executive and Judiciary. His insistence on the Government to adopt and implement his version of Jan Lokpal Bill bypassing the Parliament is demeaning of Parliamentary system of democracy. His declaration of making siege to the residence of Ministers and MPs, who are not blindly agreeing with his version of Jan Lokpal Bill is not Gandhian method of achieving an objective. Even though he was able to create a momentum against the Government in power, as public are equally keen to see the eradication of corruption from the public life, his open declaration of 'defeat a particular party candidate' in Hissar Lok Sabha bye-election and his close associates canvassing against a particular party candidate belittle his good intentions, as Gandhiji never believed in vendetta.

Jijo Joy Mathews, S/o Joy K Mathew,
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